



Trafalgar Schools' Federation

Email: info@trafalgarfederation.org.uk

Tel: 020 88945729

Additional Attachments - 18th September 2026

Parent help and support workshops

Mrs Brown and Mrs Gale would like to share the following information fliers with you.

If you wish to book a place on any of the events please use the following booking information links.

- **Richmond Course Booking & Support Request Form:** Parents can use this to book onto any of the courses below or request general support: <https://forms.gle/R4aQPsyNwczgAnT58>
- **Kingston Families Support Form:** For families living in Kingston requiring parenting support: <https://forms.gle/PAErqUpZic3pqzhu6>
- **1-to-1 Parenting Advice Diary:** Families (or you, on their behalf) can book directly into my diary for a 15-minute tailored advice slot: <https://calendar.app.google/qL7MEFk3zSN2yg2H7>

Stay and play drop ins

Get quick, face-to-face advice in a welcoming, informal setting

Looking for some quick advice?

Our family hub and children's centre Stay and Play drop ins provide an informal, welcoming space to speak face-to-face with the parenting lead while your children enjoy quality play time. You can ask questions about any concerns regarding your child's behaviour, get on-the-spot guidance, and discover which of our upcoming parenting courses might be the best fit for your family.



The parenting team will be visiting Stay and Play sessions around the borough on different days and times.

Contact Tom.Maybey@achievingforchildren.org.uk to find out when.

To book your place on to this course, please scan the QR code or visit <https://forms.gle/zd9v3NCdkXen7x6Q8>.

To find out more, contact Tom Maybey, Richmond Parenting Lead.
Email: tom.maybey@achievingforchildren.org.uk
Phone: 07864 609913



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for children**

Talking Teens



Understand the teenage brain, improve communication, and set healthy boundaries

The teenage years bring exciting milestones alongside unique challenges. Talking Teens is a four-session accredited programme for parents and carers of teenagers, focusing on understanding adolescent brain development. We explore how to break down communication walls, manage conflict calmly, and set consistent, healthy boundaries. Suggested donation of £5 for a copy of the Understanding Teenagers booklet that accompanies the course.

Created by The Centre for Emotional Health

Monday 28th September – 19th October

9.30am – 11.30am

**Powerstation Youth Centre, 121a Mortlake High Street,
SW14 8SN**

To book your place on to this course, please scan the QR code or visit <https://forms.gle/zd9v3NCdkXen7x6Q8>.

To find out more, contact Tom Maybey, Richmond Parenting Lead.

Email: tom.maybey@achievingforchildren.org.uk

Phone: 07864 609913



Teen Life

Specialised support for parents of autistic young people

Teen Life is a specialised, accredited six-session programme developed by the National Autistic Society (NAS). It is designed specifically for parents and carers of children and young people aged 10 to 16 who have an autism diagnosis. The course covers key topics including understanding autism in adolescence, supporting communication, and promoting independence.

Created by The National Autistic Society



Fridays, 6th November – 11th December

12.30pm – 3.00pm

Ham Children's Centre, Ashburnham Road, TW10 7BG

To book your place on to this course, please scan the QR code or visit <https://forms.gle/zd9v3NCdkXen7x6Q8>.

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Phone: 07864 609913



National
Autistic
Society



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Triple P Online

**Proven parenting strategies
on your own schedule,
anywhere, anytime**



for every parent

If you are unable to access our in-person courses, Triple P online offers an interactive, self-paced eight-module accredited programme for parents and carers of children under 12.

Packed with videos and practical activities, it provides proven positive parenting strategies to manage behavioural challenges and establish a calmer home environment on your own schedule.

Created by Triple P



Free access is available for eligible families.

Contact Tom Maybey below to find out more.

To book your place on to this course, please scan the **QR code** or visit <https://forms.gle/zd9v3NCdkXen7x6Q8>.

To find out more, contact Tom Maybey, Richmond Parenting Lead.
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Stepping Stones Online

Flexible, proven strategies for parenting children with additional needs

An interactive, self-paced six-module accredited online programme specifically for parents and carers of children with disabilities, neurodiversity, or additional needs. Featuring videos and practical activities, it provides research-backed strategies to enhance communication, encourage independence and self-care, and confidently manage challenging behaviours at home. Created by Triple P.



for every parent



Free access is available for eligible families.

Contact Tom Maybey below to find out more.

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